

Sickle cell disease has emerged as a public health concern. Some drugs may conflict with curative therapies, yet they may be useful as a bridge to HSCT and gene therapy

Abstract

Sickle cell disease has resurfaced as a health-care priority in high-income nations and low-income countries (LMICs). Transplantation results with haploidentical haematopoietic stem cell transplantation (HSCT) are improving, increasing the likelihood of a curative treatment for the majority of patients. The indications for HSCT and for disease-modifying drugs, for example, must be determined. There are still a few things to think about, including biomarkers for systemic vasculopathy. Some medications may compete with curative treatments, but they might potentially be an important bridge treatment to HSCT. One of the most difficult hurdles yet ahead is reaching out to general practitioners and haematologists to bridge the awareness gap about curative alternatives such as matched sibling donor HSCT so that patients and their families may be identified early.

Introduction

Sickle cell disease is one of the most frequent and life-threatening non-communicable illnesses in the world, and it is recognized by the WHO and the UN as a worldwide problem and a serious public health concern. Sickle cell disease is a progressive debilitating disease, and despite significant improvements in preventive and therapeutic modalities that result in excellent survival in patients younger than 18 years, the morbidity and mortality of adults has not improved significantly in recent decades, with a continued reduced life expectancy in adulthood and an unacceptable quality of life despite current standards. The illness has progressed from a mostly vaso-occlusive manifestation to a systemic vasculopathy in high-income nations. Long-term cohort studies of adults with haemoglobin SS are scarce and have significant limitations, but they consistently indicate a shorter lifespan across populations and health-care systems. The median age of death is expected to be between 42 and 67 years old. Organ dysfunction indices have been linked to an elevated risk of death in a number of studies. 1, 2 Elevated tricuspid regurgitation velocity, pulmonary hypertension³, and a decreased glomerular filtration rate are among the dysfunctions. 3 Cardiovascular, cardiopulmonary, and renal complications are the leading causes of death in adults with sickle cell disease in the United States, and rising cerebrovascular illness is a major source of morbidity and mortality limitations.⁴

With cure rates of up to 90%⁵, improved health-related quality of life⁶, and potential cost-effectiveness⁷, haematopoietic stem cell transplantation (HSCT) is widely regarded as an acceptable therapeutic option for individuals with sickle cell disease. The current agreement on matched sibling donor HSCT indications is still restrictive ⁸ and is limited by less than 20% donor availability.⁹ For families that have a kid with sickle cell disease, directed cord blood banking might be a valuable stem cell resource. 10 alternative therapeutic treatments, such as a matched unrelated donor, haploidentical HSCT, or gene editing and treatment, have been developed for patients who do not have a matched sibling donor.

Similarly, various novel medicines with potential activity against sickle cell disease-related problems have become accessible following decades of standstill in traditional therapy approaches. This exciting expansion of the sickle cell disease treatment landscape creates a new level of complexity in decision-making and raises major concerns about extended indications for curative methods.

The most pressing topic is how to address the difficulties of the continent with the highest prevalence of sickle cell illness, Africa, which has an estimated 6 million sickle cell sufferers.

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Drugs that treat or prevent diseases

Reduced frequency and severity of acute vaso-occlusive crises, avoidance of chronic sequelae, better quality of life, and increased life expectancy are all goals of sickle cell disease treatment. Until 2017, hydroxycarbamide (commonly known as hydroxyurea) and continuous blood transfusions were the only two disease-modifying treatments available to patients and physicians. In the last 25 years, hydroxycarbamide has been studied extensively in both high- and low-income nations, with a positive effectiveness and safety profile.

In a randomized controlled study, Steinberg and colleagues¹² looked at the dangers and benefits of long-term hydroxycarbamide usage and found that those who were exposed to hydroxycarbamide for a long time had a lower death rate. The European Sickle Cell Disease Cohort–Hydroxyurea study (NCT02516579) and the Long-Term Effects of Hydroxyurea Therapy in Children with Sickle Cell Disease research are two further studies now active (NCT00305175). These prospective trials will give a more thorough and systematic examination of long-term effectiveness and safety. Inadequate clinical response in some patients, poor treatment uptake in the real-world setting, residual concerns about toxicity, and insufficient data on its efficacy in preventing long-term chronic complications of sickle cell disease, such as renal impairment, pulmonary hypertension, and cerebral ischaemic damage, are all issues with hydroxycarbamide use. Men's fertility is still an issue, and French research found that 6 months of hydroxycarbamide medication resulted in a significant fall in sperm count in men. It's unclear how much of the hydroxycarbamide-induced spermatogenesis is reversible, or what the risk of infertility is for prepubertal boys taking the drug. ¹³

When hydroxycarbamide fails, regular transfusion has a well-established role in primary and secondary stroke prevention ¹⁴, and is increasingly being used to manage other severe complications of the condition. Older children and adults are treated at certain specialty centers with 3–8 weekly automatic exchange blood transfusions. This approach allows for a consistent reduction in red blood cell concentrations with haemoglobin S below 30%, an increase in haematocrit, and the management of transfusion-related iron excess. The treatment, however, is time-consuming, necessitates adequate vascular access, and requires huge amounts of donor blood. Chronic blood transfusions, even when optimized, reduce transcranial doppler velocities and help prevent stroke, but they do not always result in normal velocities or protect against the progression of cerebral vasculopathy and silent infarcts, especially in patients with a history of overt stroke, according to evidence. ¹⁵ and ¹⁶

Based on published phase 2 and 3 trials ¹⁷ that demonstrated small reductions in vaso-occlusive crises, the US Food and Drug Administration (FDA) approved glutamine (Endari, Emmaus Medical, Torrance, CA, USA) for the prevention of vaso-occlusive crises in 2017. However, the Committee for Medicinal Products for Human Use of the European Medicines Agency issued a negative judgment, hence glutamine is rarely used in Europe. Now that glutamine is on the market in the United States, post-marketing proof of effectiveness in US patients should help to clarify glutamine's role in the therapeutic landscape.

Voxelotor (Oxbryta, Global Blood Therapeutics, South San Francisco, CA, USA) binds to the N-terminal valine of the α -globin chain in a Schiff-base linkage, preventing the physiological changeover from the relaxed, completely oxygenated state to the tense, totally deoxygenated state. The sickling process is inhibited by voxelotor because polymerization of haemoglobin S is only feasible in tense conditions. Voxelotor has shown a statistically significant improvement in haemoglobin concentrations, a decrease in major haemolytic indicators, and an acceptable safety profile in phase 2 and 3 trials.¹⁸ and ¹⁹ These findings led to the expedited approval of voxelotor in the United States for the treatment of sickle cell disease, with continuous approval pending confirmation trials. The therapeutic advantages of the treatment of chronic illness symptoms have yet to be demonstrated in the published trials, which only report up to 6 months of medication. Furthermore, the phase 3 research did not employ acute vaso-occlusive crisis as a key endpoint, and published findings did not indicate a statistically significant difference in the rate of vaso-occlusive crisis between the medicine and the placebo. Longer-term follow-up of the trial cohorts will be required to determine if the observed trend of decreased incidence of vaso-occlusive crises is stable. In conclusion, it is uncertain whether increasing haemoglobin concentration and decreasing intracellular sickling at the price of decreased oxygen supply by drug-modified haemoglobin would result in long-term therapeutic benefit.

Crizanlizumab (Adakveo, Novartis, Basel, Switzerland) is a humanized monoclonal antibody that binds to P-selectin and disrupts the interaction between P-selectin and P-selectin glycoprotein ligand 1. In sickle cell disease, P-selectin is expressed on endothelial cells and activated platelets, and it mediates erythrocyte–endothelial, leucocyte–endothelial, and leucocyte–platelet interactions. It also contributes to poor microvascular flow and vaso-occlusion. In the phase 2 research, the risk of vaso-occlusive crises was decreased by 45 percent in the higher dose crizanlizumab (5 mg/kg) group compared to the placebo group, with a low number of side events.²⁰ Crizanlizumab was given fast approval by the FDA in November 2019 to help patients aged 16 and above have fewer vaso-occlusive crises. This approval will also be reliant on the drug's efficacy in the treatment of sickle cell disease's vaso-occlusive consequences.

Single agents or a combination of drugs targeting complementary pathophysiological mechanisms of red blood cell damage, vaso-occlusion, and vascular damage in sickle cell disease may be possible using FDA-approved new treatments and others in the development pipeline, offering hope for effective long-term control of the disease using single agents or a combination of drugs targeting complementary pathophysiological mechanisms of red blood cell damage, vaso-occlusion, and vascular damage in sickle cell disease.

Many people believe that HSCT has a higher death rate than supportive treatment. Unfortunately, there are no prospective comparisons between patients treated with HSCT and those treated with supportive therapy, and, hence, only indirect comparisons with historical controls are feasible. 21 Beyond overt stroke, Walters and colleagues²² identified a number of indications for HSCT in children, including aberrant transcranial doppler, acute chest syndrome, recurrent vaso-occlusive crises, and others, notably those that occur after hydroxycarbamide treatment. 23 Galadanci and colleagues [24] found that neurological problems, aside from overt stroke, occur more frequently than predicted in sickle cell disease children under the age of five. As a result, matched sibling donor HSCT in children with sickle cell disease, which has a 95 percent overall survival rate and a 93 percent event-free survival rate, is a curative therapy with a role even in young patients. 24, 25, and 26. Adults treated with non-myeloablative regimens showed promising outcomes, with an 87 percent event-free survival rate, a 13 percent rejection risk, maintenance of fertility, and no graft-versus-host disease (GVHD), but a significant proportion of mixed chimerism. 27 Adults with mixed chimerism have yet to be shown to be sufficiently protected from pulmonary hypertension or renal problems. Nonetheless, donor chimerism (minimum of 20–25 percent) has been demonstrated to be adequate for reversing the sickle phenotype and resolving sickle-related symptoms [28], even though the frequency of chimerism appears to be important in terms of donor and sickle-related haemolysis. 30, 29 The age of the patient, serotherapy, and the frequency of chimerism must all be considered when deciding between myeloablative and non-myeloablative conditioning regimens. When a matched sibling donor is available, HSCT at a young age is a crucial option to examine because of the outstanding overall survival and event-free survival results, as well as the growing evidence that irreparable damage to essential organs begins in infancy. 31, 24 However, the fact that chronic GVHD is the main factor determining normalisation of quality of life after transplantation in haemoglobinopathies and that chronic GVHD is the main factor determining normalisation of quality of life after transplantation in matched sibling donor HSCT³¹ must be taken into account. 32

Although data on health-care use for sickle-cell disease patients who have had HSCT is limited, a US trial has shown that HSCT is both helpful and cost-effective in children. Patients with sickle cell disease had lower post-transplant expenditures as compared to pre-transplant expenditures and the cost of care for patients who did not get transplantation. Outpatient visits following allogeneic HSCT were significantly less expensive than outpatient visits prior to allogeneic HSCT (US \$30,000 vs 78180 per month; $p = 0.00000044$). The median cost of hospital visits after HSCT was comparable to the cost of inpatient visits before HSCT (\$0 vs 73000 per month; $p = 0.079$). Adults with typical chronic sickle cell-related multiorgan illnesses should see similar findings in a comparable study. 7

HSCT from an unrelated donor that was matched

Unfortunately, the majority of patients lack an HLA-identical sibling donor. There are numerous options for these individuals, including matched unrelated donor HSCT. In the last decade, researchers have looked at the function of matched unrelated donor HSCT, but high rates of graft failure, delayed immune reconstitution, regimen-related toxicities, and persistent GVHD have limited its use. 33 Screening criteria for sickle cell disease after HSCT have been established, allowing for better long-term health-care monitoring, early detection and treatment of problems, and assurance of wellness following matched unrelated donor HSCT. 34 Furthermore, the chances of obtaining an ideal unrelated HLA identical donor (with a full 8/8 match at the allele level) vary by racial and ethnic group, with patients of African origin having the lowest chance (16%). 9

The European Society for Blood and Marrow Transplantation's Paediatric Diseases Working Party and the Inborn Errors Working Party retrospectively analyzed matched unrelated donor HSCT in 70 individuals with sickle cell disease.

35 Graft failure occurred in 11 (16%) of the patients (six primary and five secondary). The 3-year cumulative incidence of acute GVHD grade 2–4 was 24%, while the cumulative incidence of chronic GVHD was 24%. Overall survival was 86.3% after three years, while GVHD-free and relapse-free survival was 62.6%.

HLA compatibility was found to be a significant risk factor for overall survival, as well as GVHD-free and relapse-free survival. Patients treated with fludarabine, thiopeta, and treosulfan had better 3-year overall survival, GVHD-free survival, and relapse-free survival than those treated with other regimens.

These findings support those of Eapen and colleagues²⁵, who found that patients who got HSCT with a graft from an 8/8 HLA matched unrelated donor had better outcomes than those who got a transplant from a mismatched unrelated donor. In the study by Eapen and colleagues, patients who underwent HSCT when they were less than 12 years old had better event-free survival than older patients. Although there was a trend for better survival in the younger age group (16 years) in this study's European cohort, the results were not substantially different, perhaps due to the limited number of adult patients included (114 children vs 30 adults).

HSCT from a haploidentical donor

Because of the scarcity of related HLA matched donors, only around 1–2% of the entire population of children with sickle cell disease qualify for HSCT.

36 Even when socioeconomic and educational variables are taken into account, the shortage of donor availability has been recognized as the greatest obstacle to HSCT. 37

The development of both in-vivo and ex-vivo T-cell depletion techniques has aided the rise of haploidentical donor HSCT as a viable option with a large donor pool. The use of cyclophosphamide after transplantation enables the long-term engraftment of MHC-incompatible cells. 38 In sickle cell disease, a decreased intensity regimen for haploidentical donor HSCT³⁹ was shown to be safe and feasible, although it had a high risk of graft failure (43 percent).

A multi-institutional learning collaborative evaluated the inclusion of pre-transplantation conditioning and endogenous haematopoiesis inhibition using hypertransfusion, as well as the inclusion of thiotepe in the conditioning regimen, with the primary goal of lowering the graft failure rate.

40 When thiotepe was administered to 15 sickle cell disease patients, the results were similar to matched sibling HSCT, but there was an increase in mortality owing to macrophage activation when the preconditioning regimen was added. 41 After a median follow-up of 13 months, disease-free survival was 93 percent and overall survival was 100 percent. Grade 3–4 acute GVHD accounted for 13% (two of 15 cases), with one case of mild chronic GVHD accounting for 7%. (one of 15). 40 Following the normalization of haematopoiesis, there is also evidence of some functional improvement in cerebrovascular illness. 42 This strategy is now being explored in a phase 2 multicenter, single arm experiment (NCT03263559).

Increased total body irradiation to 400 centigray was used by the Johns Hopkins group⁴³ to reduce graft failure, which significantly reduced graft failure (one [6%] of 17 patients, of whom 12 [71 percent] had sickle cell disease), while maintaining the safety of the post-transplantation cyclophosphamide approach. The rates of GVHD were identical to those seen in the research conducted by the Vanderbilt Institute for Global Health. 43

Escalating doses of post-transplantation cyclophosphamide (0–100 mg/kg total daily doses) in combination with alemtuzumab and total body irradiation of 400 centigray improved donor engraftment, with 10 (83%) of 12 patients engraftment with the 100 mg/kg dose compared to one (33%) of three in the cohort that did not receive post-transplantation cyclophosphamide. Although there was no clinically significant difference in GVHD across groups, this outcome came at the cost of substantial graft failure, with just half of the patients in the highest post-transplantation cyclophosphamide dosage group (six of 12) maintaining engraftment. 44

Ex-vivo T-cell depletion is an alternate treatment option. T-cell receptor (TCR) and CD19 cells are selectively reduced from HSCT grafts such that the resultant cell grafts contain a range of blood cells with various immunological features. The rapid engraftment kinetics observed in patients receiving CD3-depleted and CD19-depleted grafts compared to only CD34-enriched grafts, including CD34-negative haematopoietic stem cells with a high repopulating capacity, have already demonstrated the significant effect of graft composition and conditioning regimen on engraftment. Engraftment was quick in all patients who received TCR-depleted and CD19-depleted transplants. When compared to individuals who had CD3 and CD19 deletion, immune recovery was much enhanced, and TCR cells predominated at day 100. 45 Because of the low prevalence of GVHD, these qualities appear to be a benefit for haploidentical HSCT in non-malignant haematological diseases. In sickle cell disease, the feasibility of this method was demonstrated. 46 With a 25-month follow-up, 15 (75%) of 20 patients were transplanted with CD3-depleted and CD19-depleted grafts, whereas five (25%) were implanted with TCR-depleted and CD19-depleted grafts. Overall survival was 90% after conditioning with an anti-T-lymphocyte immune globulin (Grafalon, Neovii, Rapperswil, Switzerland) in combination with fludarabine, thiotepea, and treosulfan. One patient died of CMV pneumonitis, while the other died of macrophage activation syndrome. No patients experienced grade 3–4 acute GVHD, and four patients (20%) had mild or severe chronic GVHD⁴⁷, which was cured 18 months following HSCT. In a future European Society for Blood and Marrow Transplantation experiment, the TCR-depleted and CD19-depleted technique will be compared to matched sibling donor HSCT (NCT04201210).

Cairo and colleagues⁴⁸ used a different method in children with sickle cell disease, utilizing a CD34-enriched graft with a T-cell add-back after myeloimmunoablative conditioning. Erythroid donor chimerism (CD71) was 96 percent after 12 months. The prevalence of acute GVHD in grades 2–4 was 62%, while chronic GVHD was 67%. A 90 percent chance of surviving an event-free year was calculated.

How does HSCT from a matched unrelated or haploidentical donor compare to HSCT from a matched sibling donor?

The decision to proceed with alternative HSCT is the outcome of a lengthy decision-making process that weighs the risks and benefits of alternative HSCT against standard therapy. This treatment decision problem affects not just transplant doctors, but also patients, carers, haematologists, and paediatricians. Given the non-malignant nature of the condition, the possibility of persistent GVHD and graft failure must be considered. As a result, the standard donor algorithm for malignant illnesses (matched sibling donor > matched unrelated donor > mismatched unrelated donor > alternative donors) ⁴⁹ has to be carefully examined, especially in adult patients with sickle cell disease.

The overall survival of patients transplanted with a graft from a 10/10 HLA matched unrelated donor and those treated with a fludarabine, thiotepea, and treosulfan conditioning regimen is comparable to that of patients transplanted with HLA-identical sibling grafts in certain studies.

5, 19, and 20 As a result, for individuals with sickle cell disease who do not have an HLA-identical sibling donor, matched unrelated donor HSCT is a viable choice. When matched unrelated donors are available, complete HLA-matched grafts (HLA-A, HLA-B, HLA-C, HLA-DRB1 and HLA-DQB1) and grafts without antigens for detectable antibodies in the patient are advised. A treosulfan–thiotepa–fludarabine-based conditioning regimen may be advised when available, 47, but other medication combinations must be investigated in larger cohorts of sickle cell disease patients before the best conditioning regimen for those individuals can be determined. Matching unrelated donor HSCT was shown to be less successful and safe than matching sibling donor HSCT in a large registry-based study. These findings differ from those of children with acute leukemia. 50 Chronic GVHD appeared to be much more common with matched unrelated donor HSCT (21 percent at 12 years and 23 percent at 15 years) than with matched sibling donor HSCT (21 percent at 12 years and 23 percent at 15 years) (9 percent at 13 years). 31, 25 Brazauskas and colleagues⁵¹ created a risk score that takes into account the patient's age and donor preference to predict event-free survival following HSCT in sickle cell disease patients. Furthermore, in order to justify HSCT and its possible long-term repercussions, disease-related problems, organ damage, and quality of life in elderly patients must be carefully examined. 52

Even in adolescents and young adults, there is accumulating evidence that, in addition to quick donor availability, which allows HSCT to take place before any potentially permanent end-organ damage or disease-related death, problems such as acute and chronic GVHD are rare. The significant graft failure rates seen in the early experiments were reduced by tweaking the conditioning regimens. However, concerns such as viral reactivation⁴⁷, macrophage activation syndrome, and post-transplant microangiopathy⁵³ must be treated with caution. To examine the effectiveness, safety, acceptability, and health economics of the different transplant alternatives, a prospective open-label worldwide trial comparing matched sibling donor HSCT with T-cell depleted haploidentical HSCT would be required, and such research is now ongoing (NCT04201210).

Gene therapy and gene editing are two other curative approaches.

Several gene editing and gene therapy techniques are being tested in clinical trials with the development of alternate donor HSCT methods. The use of a lentiviral vector with a modified γ -globin or δ -globin gene that integrates into the genome of collected autologous haematopoietic stem cells is one method. After myeloablation, modified stem cells are re-infused. Following encouraging early findings in a person, the HGB-206 study (NCT02140554) is looking at the safety and effectiveness of a modified γ -globin construct (haemoglobin AThr87Gln; LentiGlobin, bluebird bio, Cambridge, MA, USA). 54 The experiment is expected to enroll 50 patients, with the most recent data coming out in June 2020, with 25 patients treated with LentiGlobin and a median follow-up of 121 months. Engraftment of neutrophils took 19 days, while platelet engraftment ($> 50\,000$ cells per L) took 28 days. Within 90 days of therapy, all patients had ceased receiving red blood cell transfusions. The median proportion of haemoglobin S in the blood was less than or equal to 60% in 15 patients with more than 6 months of follow-up, while haemoglobin AThr87Gln was higher than or equal to 40% of total haemoglobin. The median total haemoglobin concentration was 11 g/dL or greater. By 6 months, almost 70% of red blood cells had haemoglobin AThr87Gln, and 90% or more had it by 18 months. After therapy, no sickle cell problems such as acute chest syndromes or vaso-occlusive crises were detected. 55

BCL11A, which produces a protein that inhibits the γ -globin component of fetal haemoglobin, is the target of gene editing efforts employing clustered regularly interspaced short palindromic repeats (CRISPR) technology. The CRISPR–Cas9 repair method includes inserting or deleting DNA inside the non-coding BCL11A erythroid lineage-specific enhancer on chromosome 2, resulting in BCL11A downregulation in erythroid precursors with no effect on other haematopoietic lineages. This non-coding mutation is likely to reactivate the γ -globin gene and increase the amount of fetal haemoglobin protein in the red blood cells. The goal is to mimic the natural expression of elevated fetal haemoglobin concentrations throughout adulthood, 56, as observed in the disease known as hereditary persistence of fetal haemoglobin. Patients with coexisting thalassaemia or sickle cell disease who have inherited persistence of fetal haemoglobin have minimal or no symptoms. 57 The first CRISPR-mediated clinical trial in sickle cell disease patients (NCT04201210) is an open-label, worldwide and multisite, single-dose phase 1 and 2 research that has reported early findings in a 33-year-old female patient with severe sickle cell illness. 58 Adverse effects were typically consistent with myeloablation and autologous HSCT, and the gene-edited cells were not assumed to be the cause. The patient exhibited a near-normal haemoglobin A concentration of 118 g/dL 9 months following HSCT, with a 461% fetal haemoglobin expression. After HSCT, the patient had fetal haemoglobin expressed in 99.7% of red blood cells (F cells), was transfusion-independent, and had no vaso-occlusive crises. At 6 months following HSCT, bone marrow CD34 cells showed durable editing of BCL11A, with allelic editing of 814 percent. 58 This long-term engraftment of altered haematopoietic stem cells suggests long-term therapeutic effectiveness, but additional patients need to be followed up on to validate this preliminary conclusion.

If the early results of these gene addition and gene editing approaches are confirmed in large prospective trials with longer follow-up and a benign adverse event profile, another curative option will be available in high-income countries. However, because the estimated costs of these curative approaches exceed alternative donor HSCT by about 6:1, they will not be a viable option. Patients with advanced-stage illness, particularly CNS illness, will escape the problems of allogeneic HSCT, as well as the morbidity and mortality of graft rejection, GVHD, and delayed immune reconstitution, as gene addition and gene editing methods become more widely available.

Curative techniques in low- and middle-income nations are a problem.

The majority of people with sickle cell disease live in Africa and other malaria-endemic countries such as the Indian subcontinent and the Middle East. In low- and middle-income countries (LMICs) with historically big population influxes from Africa, such as Brazil and the Caribbean Islands, sickle cell disease is a severe health burden. It is clear that executing any therapeutic method in these nations and locations will be difficult. HSCT units are either not available in most LMICs where sickle cell disease is prevalent, or if they are, they cannot meet demand⁶⁰, or the cost is prohibitively expensive for the majority of the population.

There is little information on the typical life expectancy and health-related quality of life of sickle cell disease patients in Africa, with a typical life expectancy of 33 years in Tanzania, compared to 58 years in high-income nations like the United Kingdom and the United States.

⁶² Children under the age of five are estimated to have a survival rate of less than 10% in areas with limited diagnostic and health-care facilities, ⁶³, though subsequent data suggests that survival may have improved to ⁶¹, ⁶⁴ with general improvements in public and child health.

In Sub-Saharan Africa, hydroxycarbamide has been shown to be effective for children with sickle cell disease, and escalation to a maximum tolerable dose is possible.

⁶⁶, ⁶⁷, ⁶⁵, ⁶⁶, ⁶⁵, ⁶⁵, ⁶⁵, ⁶⁵, ⁶⁵. African countries have identified and are working to overcome challenges to implementing effective therapies such as newborn screening, invasive pneumococcal disease prevention (penicillin chemoprophylaxis and immunization), and hydroxycarbamide therapy.

In most LMICs, the aim is to deliver interventions at various levels of care, ranging from simple measures at basic and secondary health facilities to more complex treatments at higher levels of care. Countries are aiming to increase the referral system and the capability of tertiary-level health facilities to provide specialized services for interventions that need specialized health services, such as exchange blood transfusion, femoral head replacement, and skin transplants for chronic leg ulcers.

It is believed that with this approach of graded comprehensive treatment and the use of hydroxycarbamide, sickle cell disease life expectancy in Africa will improve.

65 However, enormous challenges remain, such as in health-care provider training and deployment, improving knowledge and removing stigma in patient groups and communities, ensuring adequate supply and access to medicines (such as hydroxycarbamide) and diagnostic tests to monitor therapy, and identifying complications.

The US National Institutes of Health supports a number of projects in Africa to battle sickle-cell disease, ranging from genetic and fundamental science research to clinical trials on disease-modifying therapies. Furthermore, research on neonatal screening and the use of point-of-care testing to enhance diagnosis is continuing. Giving a few patients the option of HSCT does not preclude providing full treatment to the others. It is critical that the two alternatives be considered as a continuum of treatment, with the majority of patients receiving comprehensive therapy and individuals with the necessary criteria having the choice of transplantation. Patients will seek professional health treatments and curative therapies outside of Africa if their nations do not supply them, at a considerably higher cost and with no post-transplantation care when they return home. Individuals seeking HSCT are increasingly leaving their native nations in Africa in search of treatment. This tendency is accompanied by greater costs and problems, and it continues to drain Africa's financial and human resources. There is little data on the outcomes of African children with sickle cell disease who received a successful HSCT overseas and then returned to their native country. Due to the lack of evidence, developing adequate recommendations on HSCT indications in this scenario is problematic. As has been demonstrated with specialised services such as dialysis, cardiovascular surgery, and oncology, developing HSCT capacity in LMICs has the potential to have a ripple impact by strengthening health systems and promoting higher professional motivation and retention.

Over 600 HSCTs for a variety of conditions were performed in several newly established HSCT services in LMICs across Southeast Asia from 2009 to 2019⁶⁹, and data on over 600 HSCTs for a variety of conditions in several newly established HSCT services in LMICs across Southeast Asia from 2009 to 2019 suggests that the following factors may emerge a trend.

Increasing support for HSCT programs

Blood transfusion services should be included in the early phases of the development of HSCT programs. There are other issues to consider when it comes to blood transfusion, such as the high incidence of sickle cell illness, which will result in a larger proportion of people with sickle cell trait and transfusion-transmitted illnesses, such as malaria, among blood donors.

Patients are chosen at random.

The initial success of HSCT centers is critical to their long-term viability. Ample time for patient and family preparation, as well as a relatively straightforward low-risk transplantation technique that begins with matched sibling donor HSCT and progresses to more sophisticated procedures, are all factors that contribute to successful outcomes following HSCT. The community's participation is critical. Offering free or discounted HLA typing is one way to involve the community (high-resolution, when appropriate, particularly in communities with high consanguinity rates or close ethnicity ⁷⁰). The capability for HLA typing will be developed as a result of this community participation, and the first group of matched sibling donors will be identified.

Putting in place health data management systems

Establishing health information management systems is critical for documenting and tracking progress and clinical results, as well as monitoring and evaluating the program. The benefits of an online password-protected specialized information technology platform for enhancing access to and the safety of bone marrow transplantation have been demonstrated in research conducted in India. ⁷¹ In all phases of the program (planning, training, and execution), this initiative relied on a mix of onsite and online interactions. Transplantation centers in low- and middle-income countries (LMICs) are urged to communicate their HSCT experiences and outcomes, as well as to participate in international registries, HSCT reporting, quality assurance, and certification programs. The inclusion of a comprehensive health information management system will enable the attainment of these goals in all of these operations.

Putting money into a multifunctional team

Well-trained and devoted HSCT nurses, who are capable of identifying and avoiding issues before they occur, can avoid and rapidly treat a wide range of possible issues. Specialist doctors can be on-site or give support through online chats to help with medical decisions.

Putting in place evidence-based requirements

The European Society for Blood and Marrow Transplantation (ESBMT) has developed worldwide criteria that LMICs can use when establishing HSCT centers. These guidelines do not require the installation of complicated and costly equipment that has yet to have a significant impact on the outcomes of low-risk HSCT patients, such as positive pressure and high-efficiency centralised air filtration systems. ⁷² Furthermore, sophisticated infrastructure systems may be difficult to maintain and repair in LMIC environments, posing a threat to the long-term viability of HSCT centers. Specialist services are needed, not necessarily inside the hospital, but within an acceptable time frame, with a standard operating process for patient transfer in place.

LMICs should attempt to deliver HSCT at a reasonable cost to make this intervention accessible by launching safe and cost-effective HSCT programs. According to estimates, matched sibling donor HSCT for sickle cell disease might cost up to \$15 000, including all medical costs. The costs of the Indian cooperation, which featured a collaboration between the Sankalp India Foundation and Cure2Children, were estimated to be as low as \$12 000. It is accepted that African nations may not be able to provide HSCT at the same low cost as India, owing to India's availability of high-quality, low-priced pharmaceuticals, medical supplies, and laboratory services. Nonetheless, the cost of HSCT in Africa should not be significantly higher than in India. Medical tourism will be avoided if costs are kept low, and HSCT in patients' native countries (e.g., Africa) will make HSCT programs more viable and accessible.

The need for HSCT for sickle cell disease in LMICs is rising, and it will be critical to work together to examine variables and learn from experiences from both high-income nations and other LMICs in order to build a safe, cost-effective HSCT for sickle cell disease.

Conclusion

Sickle cell disease has resurfaced as a health-care priority in high-income nations and low-income countries (LMICs) after a lengthy period of relative neglect. Transplantation results with alternative donors, especially haploidentical HSCT, are improving, increasing the likelihood of curative treatment for the majority of patients in high-income nations. There are still a few things to think about. To prevent any sickle-related problems, the indications for HSCT and for disease-modifying drugs, for example, must be determined. Furthermore, the list of sickle cell-related issues must be updated so that clinicians can pursue curative therapy regardless of donor type. Furthermore, it is uncertain if disease-modifying medications are a viable choice in LMICs, where a steady supply of medicines is not assured, or whether a one-time curative therapy, such as HSCT, is a preferable option. Another crucial aspect is the discovery of biomarkers for systemic vasculopathy that will serve as accurate outcome indicators for any treatment treatment, predicting long-term success and identifying individuals at higher risk of end-organ damage.

Because of the unexpected pharmacokinetics and the associated prevalence of sinusoidal obstruction syndrome, HSCT before the age of two years can be dangerous, regardless of donor availability. After the age of two, matched sibling donor HSCT can be safely administered with great results. If a donor is available, matched unrelated donor HSCT might be explored as early as the age of 2 years. After the age of 13, matched unrelated donor HSCT should be carefully scrutinized since outcome characteristics may begin to worsen. With future prospective studies (e.g., NCT04201210), haploidentical HSCT may become the standard of treatment for newborns and adolescents who do not have a matched sibling donor. Because fertility preservation is possible and they are able to give informed permission, adolescents and young adults with mild and non-irreversible problems represent a fascinating patient population. Furthermore, systemic vasculopathies linked with transplantation, such as GVHD, sinusoidal obstructive syndrome, and neurotoxicity, as well as delayed immunological reconstitution, are uncommon at that age. Because the risk of these vasculopathies rises dramatically in adulthood, 73 autologous HSCT using gene-edited stem cells may become the preferred option in patients over the age of 40. Although long-term efficacy and safety data from larger patient cohorts are needed to determine whether specific approaches or a combination of different curative therapies are required, gene addition and gene editing strategies are showing promising results as potential curative options for sickle cell disease and have demonstrated proof of principle. In patients older than 35–40 years, for example, treatment-related toxicities such as chronic GVHD, graft rejection, delayed immune reconstitution, and other transplant-related adverse effects are likely to outweigh the benefits of allogeneic HSCT, and patients older than 35–40 years may become a focus for gene editing and gene therapy trials. Furthermore, a number of disease-modifying medicines have been developed that might be utilized in conjunction with hydroxycarbamide. These medications may compete with curative treatments, but they might potentially be an important bridge treatment to HSCT.

One of the most difficult hurdles yet ahead is reaching out to general practitioners and haematologists to bridge the awareness gap about curative alternatives, such as matched sibling donor HSCT, so that patients and their families may be HLA typed to identify prospective donors and referred early.

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